



## Bison Daily News

### February 27, 2024 - Day 1

**Black History Month:** Today's quote comes from poet and activist Amanda Gorman: "There is always light. If only we're brave enough to see it. If only we're brave enough to be it." (Keep until Feb 27th)

**The Kindness Project:** This week we will be celebrating random acts of kindness! When you perform an act of kindness either in the hallways or in the classrooms, staff members will note it on a pink sticky note. We will create a display in the cycle one and main office areas to spread the joy for other bisons to see! Let us all be the change we would like to see in the world. Our actions have a ripple effect that can change other people's day for the better, so start spreading kindness and see how it makes you feel.

(Keep until March 1st)

**IMPROV:** Show tomorrow at Sherbrooke Academy. Players: return your forms to Mr. Pinsky in the morning! Teachers, check your emails for a message sent last week about the students affected. (Keep until Feb 28th)

**Pink Shirt Day:** Wednesday is Pink Shirt Day! Everyone is invited to wear pink to stand up against bullying and intimidation! (Keep until Feb 28th)

**Video Game Tournament:** *Cycle One students* are invited to participate in the BHS Video Game Tournament. Purchase your ticket in the cafeteria today! Only 5\$ to enter, with proceeds going to support Cancer research. Free juice and chocolate for all participants, and a special prize for the grand winner.

**Volunteer West Island Challenge:** for all those who have signed up for the Challenge, please do not forget to fill out your booklets and please continue to fill out your BHS volunteer forms, we are still tabulating your hours. Thank you!



(Keep until Feb 29th)

## **SPORTS**

**Field Lacrosse**, next week's tryouts will be on Monday and Friday after school in the F gym. **(until Friday, March 1.)**

**Girls Flag Football**: Sign ups are located outside the A-gym. Please verify your birth date and sign up to the correct team. Tryouts will begin after March break. **(until Friday, March 1.)**

### **Soccer Tournament**

Are you in Sec 1 and 2? Would you like to play in a soccer tournament with your friends during lunch? Sign-up through your English Google Classroom. The cost is \$3. All money raised goes to Jumpstart to help athletes who cannot afford to pay for sports. All students who participate will receive a snack and have a chance to win a prize! See Mrs. Bates' 03 group for any details and to pay the entrance fee. **(Keep until March 1)**

**Teen Boxing program**: all students registered for boxing should pick up their contracts in C106 and return them signed by March 11th.

**Please note that the Bison News is available on the BHS website, through your homeroom teacher on Google, and on YouTube.**