

Bison Daily News March 1, 2024 - Day 4

Black History Month: Today's quote comes from Wilma Rudolph, an Olympic track and field athlete:

"Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us." (Keep until March 1st)

The Kindness Project: For the next month we will be celebrating random acts of kindness! When you perform an act of kindness either in the hallways or in the classrooms, staff members will note it on a pink sticky note. There is a beautiful poster created by Ms Averback in the cafeteria where we will collect all of our pink stickies. Let us all be the change we would like to see in the world. Our actions have a ripple effect that can change other people's day for the better, so start spreading kindness and see how it makes you feel.(Keep until March 12th)

Senior Writing Week: Grades 9 through 11, please note that BHS's annual *Writing Week* will commence after the break. This serves as a friendly reminder.

STRATFORD: Mandatory meeting at the start of lunch **TODAY** in the Drama room to pick your hotel roommates and choose dinner. First 10 minutes of lunch.

Video Game Tournament: *Cycle One students* are invited to participate in the BHS Video Game Tournament. Purchase your ticket in the cafeteria today! Only 5\$ to enter, with proceeds going to support Cancer research. Free juice and chocolate for all participants, and a special prize for the grand winner.

Missing Air Pods: If you lost your air pods and wallet in open gym on Wednesday please see Mr McCurdy in A-gym. (Keep until March 1st)



<u>SPORTS</u>

U18 Hockey: The Bisons battled a hard fought game to beat John Rennie High School 6-2 in the GMAA finals on Wednesday at Bob Birnie Arena. Congrats to Mitchell Kerton for being named game MVP and Brody Herrick for scoring the game winner! Thank you to all fans who came out to support the team, we saw students, parents and staff in the crowd! A special thank you to the graduating players; Sebastian Damiano, Jack Dean, Owen Kendall, Cameron Monaghan and Ryan Whitehouse. (until Friday, March 1.)

Field Lacrosse: Tryouts will be on Friday after school in the F gym. (until Friday, March 1.)

Girls Flag Football: Sign ups are located outside the A-gym. Please verify your birth date and sign up to the correct team. Tryouts will begin after March break. (until Friday, March 1.)

Soccer Tournament - March 12-13 Junior LUNCH

LAST CALL-- TODAY IS THE LAST DAY TO SIGN UP- You may pay after the break! Sec 1 and 2 a reminder to sign-up through your English Google Classroom TODAY! The cost is \$3. All students who participate will receive a snack and have a chance to win a prize! See Mrs. Bates or Mr. Stewart to pay the entrance fee. (Keep until March 1)

Teen Boxing program: all students registered for boxing should pick up their contracts in C106 and return them signed by March 11th.

Please note that the Bison News is available on the BHS website, through your homeroom teacher on Google, and on YouTube.