



Community Office

Beaconsfield High School





Change through Action!!

Do you want to make a difference? "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead

What is the Community Office Volunteer Program?

The BHS Community Office places our students in different community and school programs with the aim of:

- Providing much needed volunteer manpower, while obtaining different experiences and life skills.
- Permitting students to develop self respect, and to become strong, safe, caring individuals with respect for others, their school and their community.

Some Community Office Programs

- Volunteer opportunities in school and community
- Terry Fox Run (Terry Fox Foundation)
- Shave to Save (Quebec Breast Cancer Foundation)
- Splash & Dash (Montreal Children's Hospital)
- Guest speakers and performers on various topics
- Big Brother & Sisters of West Island (mentoring with elementary students)
- Clothing and food drives for inner city schools
- Senior Citizen's teas and events
- International Development trips—volunteer service in Central and South America
- FLASH and Wellness Programs—programs for emotional, physical, social and mental health
- Variety show fundraising for or Malawi, Africa sustainable projects
- Charitable collections—Steps for Haiti, Clothing for inner-city schools, Food Baskets
- Parent volunteer recruitment
- Support for various programs at the School
- Grade 11 Scholarship support

.....and more

Make a difference—get involved!

Why?

- \checkmark To meet new people and feel connected to others
- $\sqrt{}$ To learn new skills
- $\sqrt{}$ To gain new experiences
- $\sqrt{}$ To make a difference!

Who can get involved?

- $\sqrt{}$ All students
 - \Rightarrow We encourage our students to Volunteer!
- √ Parents
 - ⇒ Are welcome to become a volunteer

BHS Community Service Award

Cycle 1: 20 hours+ Volunteer Hours Cycle2: 30 hours+ Volunteer Hours

Youth in Action—Volunteer West Island

40 hours+ Volunteer Hours

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