



Post-Secondary Planning Presentation for Cycle I





Ms Miller
Guidance Counsellor

My Role At BHS

o Personal & Career Counselling

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OR, smiller08@lbpearson.ca



Member of
Ordre des conseillers
et conseillères d'orientation
du Québec

Appointment slips In Guidance

Guidance Office

Safe Place for students

Many Pamphlets on CEGEPS, Vocational Programs AND
Community Resources

Location: C106

Recess/Lunch

Goal of Presentation

Educate you about options for your Future!

Importance of grade 9
Graduation Requirements
CEGEP options
Vocational Program Options
Career Exploration Strategies
XELLO Account



High School Graduation Requirements



Need a total of 54 Credits from Sec. IV and V

****20 of these credits must be earned at the Sec. V level

Courses Required For Graduation

- **4 credits in Sec IV Math** (Cultural, Social & Technical, Technical & Scientific, and Science Math)
- **4 credits in Sec IV Science** (General or Applied Pathways)
- **4 credits in Sec IV History** (or Histoire)
- **2 credits in Sec IV Arts Education** (any of Art Education Choices)
- **6 credits in Sec V English**
- **4 credits in Sec V French**
- **2 credits in Sec V Ethics and Religious Culture OR Physical Education**

Importance of Grade 9

“Gap Year”

Final marks from grade 9 determine what classes you are recommended for in grade 10

Math (CST, TS, SN)

Science (General or Advanced)

So, start exploring options to help you know WHICH Pre-requisites you may need!

CEGEP PROGRAMS

3 Year Career Programs

Prepare students for the world of work.

- Develop marketable knowledge and skills
- Often include stage/internship
- Lead to real jobs/certification
- Student can still go on to university (may need to take additional pre-requisites for chosen university program).
- Some university programs offer advanced standing to graduates of 3-year CEGEP programs.

e.g. Police Technology, Respiratory and Anesthesia Technology, Special Care Counselling, Business Administration, Computer Science, Dental Hygiene etc.

2 Year Pre-University Programs

Prepares students for university studies.

- Theoretical rather than "hands-on"
- Include university pre-requisites in the program.
- Limited practical value IF the student does not attend university -
- Does not develop the skills or competencies to obtain a career in that field without further study.

e.g. Social Sciences, Liberal Arts, Commerce, Pure and Applied Sciences, Health Sciences, Music, Creative Arts, Languages, and Literature etc.

CEGEP Programs: 2 Year Pre-University

Social
Science
Program

Arts, Literature,
Communication
Program

Double DEC's

Sciences
Program

Visual Arts
Program
(Fine Arts)

Pathways
Explorations
Programs

CEGEP PROGRAMS: 3 Yr-Career Programs

Fine Art Technologies

Music, Professional
Theater, Graphic
Design...

Pathways/ Exploration Program

Business Technologies

Business
Administration,
Computer Science..

Health/Science Technologies

Pre-Hospital
Emergency Care,
Nursing, Dental
Hygiene...

Community Service Technologies

Police Technology, Youth &
Adult Correctional
Intervention, Special Care
Counselling

Each Program has “Pre-Requisite Courses”

High School Leaving Diploma

Advanced Math (TS/SN)

Advanced Science, Advanced Math, Physics, and Chemistry

Back-up plans to pick pre-requisites up

VOCATIONAL PROGRAMS



Sample Vocational Programs

- o **Nursing Assistance**
- o **Automobile Mechanics**
- o **Electrician**
- o **Computer Support Technician**
- o **Professional Cooking**
- o **Pastry Making**
- o **Pharmacy Assistant**
- o **And more!.....**



Vocational Programs

o Pre-Requisites:

- o Grade 9 OR
- o 10 French, English, Math
- o OR HS Diploma
- o For Students with a Specific *Passion*

- o Certified Professional in **10-24 months**
- o Excellent job prospects
- o “Hands-On” Classes
- o Internships & Job-Placement



CAREER EXPLORATION TOOLS

MANY Strategies:

Volunteering

Networking

Career & Personality Tests

Open Houses

Work experience

Meeting with me

CAREER EXPLORATION IS A PROCESS



Student Experience

Educator Experience

Success & Support



Sign In

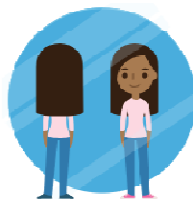
xello

Xello is an online program that helps anyone, anywhere in the world create a successful future through self-knowledge, exploration, and planning.

Contact Us



OUR MODEL



Build Self-knowledge

Students define their interests, skills, preferences and aspirations so they can explore the opportunities right for them.



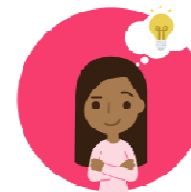
Explore Options

Students learn about career possibilities and educational pathways by exploring rich engaging content and lessons.



Create a Plan

Students create dynamic actionable plans that outline the steps needed to achieve school, career and life goals.



Learn & Reassess

As students gain experience, knowledge, and skills, they can reassess and change their plans for the future.

Xello is an online career exploration tool for students at ALL grade levels.

Users have access to the following:

- Career Tests
- Personality Tests
- Career Oriented Lessons
- Database for CEGEP, Vocational, and University Programs
- Job Prospects
- Information on Salary and the Job Market
- Videos Interviews of various Professionals
- *And much much more!*

USERNAME & PASSWORD INFO

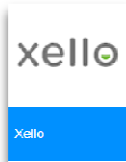
-Parents/Guardians: Fill out **Consent Form** via their Fusion Parent Portal Account Under “Permission forms tab”



Student Services Announcements

When an announcement is published by the Student Services, you will be able to view it here.

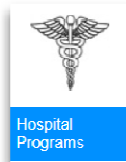
[View all announcements](#)



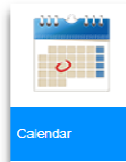
Xello



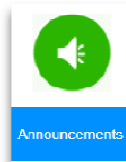
SSD Pictures



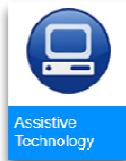
Hospital Programs



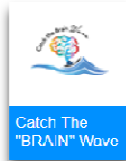
Calendar



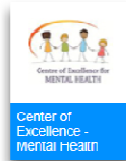
Announcements



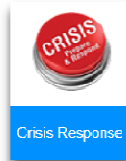
Assistive Technology



Catch The "BRAIN" Wave



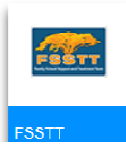
Center of Excellence - Mental Health



Crisis Response



Dropout Prevention



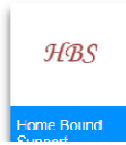
FSST



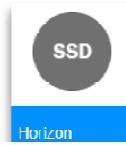
Health & Social Services



Prevention & Intervention



Home Bound Support



Horizon



HEY ANDREA!

ABOUT ME



Matchmaker

15/39 Resume



Personality Style



Mission Complete



Learning Style

Completed

EXPLORE OPTIONS



Careers



Schools



Programs



Saved Options 8

GOALS & PLANS



My Plans

LESSONS TO COMPLETE 6 Lessons Left

All Lessons



Choosing a College or University



Career Demand



Defining Success



Job Interviews

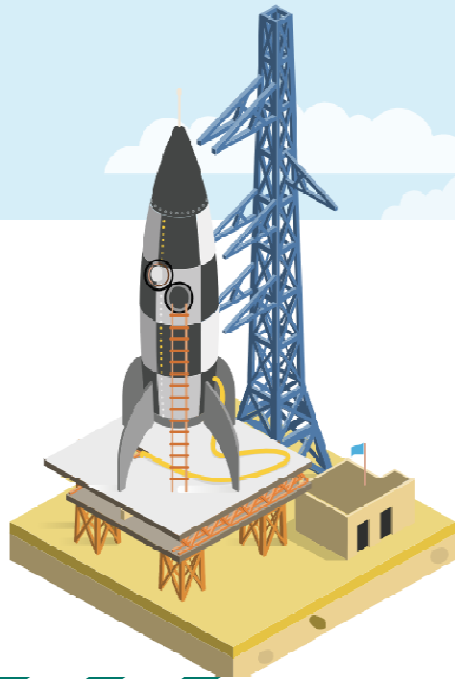


Entrepreneurial Skills



Career Backup Plans

This will open the menu where the student can change language, reset matchmaker & lessons etc.



DISCOVER CAREERS

that suit your interests

What is Matchmaker?



Matchmaker asks about your likes and dislikes and then suggests careers based on your interests. There are three phases in the quiz. Your matches will be updated as you complete each phase. Ready to see what's on your horizon?

Launch Matchmaker!



ANDREA FRASER

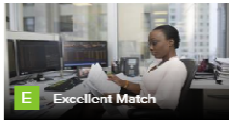
QC Macdonald High School Grade 11

Share your Profile

CAREER MATCHES

View All

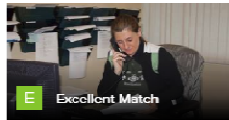
Money Manager



\$50,000 - \$500,000



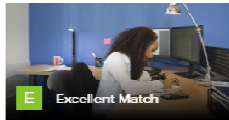
Logistics Specialist



\$40,000 - \$100,000

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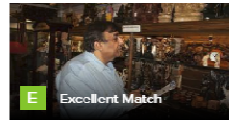
Research Analyst (Financial)



\$40,000 - \$100,000

Hide

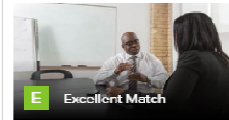
Purchaser



\$35,000 - \$100,000

Hide

Management Consultant



\$45,000 - \$300,000

Hide



PERSONALITY STYLE

What careers suit your personality?



LEARNING STYLE



AFTER HIGH SCHOOL...

My goal: More School or Training



Edit Goal

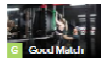
EXPLORE OPTIONS



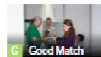
CAREERS 500 +



Gerontologist
\$25,000 - \$94,000



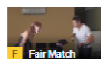
Personal Trainer
\$23,000 - \$100,000



Casting Director
\$25,000 - \$100,000



Humanitarian Aid Worker
\$23,000 - \$100,000



Animal Trainer
\$23,000 - \$60,000

Explore Careers



SCHOOLS 300 +



Algonquin College
Ottawa, Ontario



Holland College
Charlottetown, Prince Edward Island



Red River College
Winnipeg, Manitoba



McGill University
Montreal, Quebec



College of the North Atlantic
St. John's, Newfoundland and Labrador

Explore Schools



PROGRAMS 20,000 +

- Business
- Health & Medicine
- Skilled Trades
- Biology, Agriculture & Environment
- Physical Sciences & Engineering
- Mathematics & Computers
- Law & Protection
- Information & Communications
- Education & Social Services
- Creative Arts & Design
- Service Industry
- Liberal Arts & Social Sciences

Explore Programs

Try it out!

Never too early to do Career Exploration

Start Now=Less work and Stress later!

Xello saves your info & Progress!

Can re-take career test each year

DOING IS BELIEVING TOUR!!!

Other Career Exploration Websites

- o www.livecareer.com
- o www.canlearn.ca
- o www.headingforsuccess.com
- o "Take Your Pick" Magazine
- o LBPSB Main Vocational Site:
<http://lbpce.ca/>



- o **PYGMA.ca**
- o <https://www.jobbank.gc.ca/quizhome>
- o <https://www.16personalities.com/>
- o **CEGEP Websites**
- o **Vocational Websites**
- o **Guidance Office/Website: Pamphlets!!!**
- o **Handouts**

Questions?

