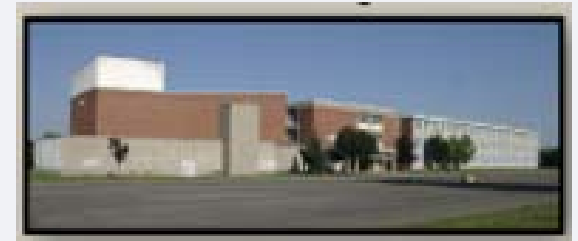


## Community Office Services:



# Community Office

Beaconsfield High School



**Change through Action!!**

Do you want to make a difference?  
"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." Margaret Mead

## What is the Community Office Volunteer Program?

The BHS Community Office places our students in different community and school programs with the aim of:

- Providing much needed volunteer manpower, while obtaining different experiences and life skills.
- Permitting students to develop self respect, and to become strong, safe, caring individuals with respect for others, their school and their community.

## Some Community Office Programs

- Volunteer opportunities in school and community
  - Terry Fox Run (Terry Fox Foundation)
  - Shave to Save (Quebec Breast Cancer Foundation)
  - Splash & Dash (Montreal Children's Hospital)
  - Guest speakers and performers on various topics
  - Big Brother & Sisters of West Island (mentoring with elementary students)
  - Clothing and food drives for inner city schools
  - Senior Citizen's teas and events
  - International Development trips—volunteer service in Central and South America
  - FLASH and Wellness Programs—programs for emotional, physical, social and mental health
  - Variety show fundraising for or Malawi, Africa sustainable projects
  - Charitable collections—Steps for Haiti, Clothing for inner-city schools, Food Baskets
  - Parent volunteer recruitment
  - Support for various programs at the School
  - Grade 11 Scholarship support
- .....and more .....

**Make a difference—get involved!**

## Why?

- ✓ To meet new people and feel connected to others
- ✓ To learn new skills
- ✓ To gain new experiences
- ✓ To make a difference!

## Who can get involved?

- ✓ All students
  - ⇒ We encourage our students to Volunteer!
- ✓ Parents
  - ⇒ Are welcome to become a volunteer

## BHS Community Service Award

Cycle 1: 20 hours+ Volunteer Hours

Cycle 2: 30 hours+ Volunteer Hours

## Youth in Action—Volunteer West Island

40 hours+ Volunteer Hours

## Beaconsfield High School

Community Office C103 Phone: 514-697-7220  
Nancy Dubuc E-mail: ndubuc@lbpsb.qc.ca  
Community Office Coordinator <http://beaconsfield.lbpsb.qc.ca/>