

**Lester B. Pearson School Board**  
Food Service & Nutrition

**Maximum Selling Price List 2016-2017**

for **YOUTH SECTOR** students - effective July 1<sup>st</sup>, 2016 – June 30<sup>th</sup>, 2017

<b>Item</b>	<b>Price</b>
Main Plate A + B or V ( <i>includes vegetable, starch when applicable</i> )	\$3.25
Main Plate C ( <i>includes vegetable</i> )	\$3.60
Meal Deal A, B, or V ( <i>includes entrée A, B, or V, vegetable, starch when applicable, dessert of the day, 200 ml 2% milk</i> )	\$3.95
Meal Deal C ( <i>includes Meal C entrée, side vegetable, small cookie, small 100% pure fruit juice</i> )	\$4.30 – \$4.75
Snack cup fruit	\$1.45
Snack cup vegetable	\$.95
Vegetables cooked	\$.70
Fresh Fruit ( <i>piece</i> )	\$.80
Canned Fruit	.80
Juice	\$1.05 – \$2.55
2% or skim milk ( <i>200 ml</i> )	\$.55
Yogurt	\$1.00
-Soup	\$1.10
Sandwich, assorted	\$2.50 – \$4.65
Salads, assorted	\$.95 – \$4.75
Milk Pudding	\$.80
Cream cheese portions	\$.70
Ice cream, ice milk, frozen yogurt*	1.75
Cookie, small	\$.65 & .80
Cookie, large	\$1.20
Muffin ( <i>breakfast size</i> )	\$.80
Early Bird Special ( <i>see below</i> )	\$.95
Margarine	\$.10
Disposable utensils / dishes ( <i>each unit, if not purchasing food in the cafeteria</i> )	\$.10
Caf-Mobile ( <i>elementary school only</i> )	\$5.15

\* price includes all taxes

This table does not include all items sold; please see some additional items below.

<b>Early Bird Special</b> (milk & breakfast muffin served at breakfast time only)	<b>Only .95 **</b>
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\*\* The Early Bird Special - Milk & Breakfast Muffin - High School Special is brought to you by LBPSB in collaboration with Chartwells Student Dining, who together realise the importance of a healthy breakfast to start your day off right!