



# Post-Secondary Planning Presentation for Cycle I





Ms Miller  
Guidance Counsellor

## My Role At BHS

### o Personal & Career Counselling

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Member of  
Ordre des conseillers  
et conseillères d'orientation  
du Québec

## Appointment slips In Guidance

## Guidance Office

Safe Place for students

Many Pamphlets on CEGEPS, Vocational Programs AND  
Community Resources

**Location: C106**

Recess/Lunch

# Goal of Presentation

Educate you about options for your Future!

Importance of grade 9  
Graduation Requirements  
CEGEP options  
Vocational Program Options  
Career Exploration Strategies  
XELLO Account



# High School Graduation Requirements



Need a total of 54 Credits from Sec. IV and V

\*\*\*\*20 of these credits must be earned at the Sec. V level

Courses Required For Graduation

- **4 credits in Sec IV Math** (Cultural, Social & Technical, Technical & Scientific, and Science Math)
- **4 credits in Sec IV Science** (General or Applied Pathways)
- **4 credits in Sec IV History** (or Histoire)
- **2 credits in Sec IV Arts Education** (any of Art Education Choices)
- **6 credits in Sec V English**
- **4 credits in Sec V French**
- **2 credits in Sec V Ethics and Religious Culture OR Physical Education**

# Importance of Grade 9

“Gap Year”

Final marks from grade 9 determine what classes you are recommended for in grade 10

Math (CST, TS, SN)

Science (General or Advanced)

***So, start exploring options to help you know WHICH Pre-requisites you may need!***



# CEGEP PROGRAMS

### 3 Year Career Programs

Prepare students for the world of work.

- Develop marketable knowledge and skills
- Often include stage/internship
- Lead to real jobs/certification
- Student can still go on to university (may need to take additional pre-requisites for chosen university program).
- Some university programs offer advanced standing to graduates of 3-year CEGEP programs.

e.g. Police Technology, Respiratory and Anesthesia Technology, Special Care Counselling, Business Administration, Computer Science, Dental Hygiene etc.

### 2 Year Pre-University Programs

Prepares students for university studies.

- Theoretical rather than "hands-on"
- Include university pre-requisites in the program.
- Limited practical value IF the student does not attend university -
- Does not develop the skills or competencies to obtain a career in that field without further study.

e.g. Social Sciences, Liberal Arts, Commerce, Pure and Applied Sciences, Health Sciences, Music, Creative Arts, Languages, and Literature etc.

## CEGEP Programs: 2 Year Pre-University

Social  
Science  
Program

Arts, Literature,  
Communication  
Program

Double DEC's

Sciences  
Program

Visual Arts  
Program  
(Fine Arts)

Pathways  
Explorations  
Programs

## CEGEP PROGRAMS: 3 Yr-Career Programs

### Fine Art Technologies

Music, Professional  
Theater, Graphic  
Design...

### Pathways/ Exploration Program

### Business Technologies

Business  
Administration,  
Computer Science..

### Health/Science Technologies

Pre-Hospital  
Emergency Care,  
Nursing, Dental  
Hygiene...

### Community Service Technologies

Police Technology, Youth &  
Adult Correctional  
Intervention, Special Care  
Counselling

## Each Program has “Pre-Requisite Courses”

High School Leaving Diploma

Advanced Math (TS/SN)

Advanced Science, Advanced Math, Physics, and Chemistry

*\*Back-up plans to pick pre-requisites up\**

# VOCATIONAL PROGRAMS



## Sample Vocational Programs

- o Nursing Assistance
- o Automobile Mechanics
- o Electrician
- o Computer Support Technician
- o Professional Cooking
- o Pastry Making
- o Pharmacy Assistant
- o And more!.....

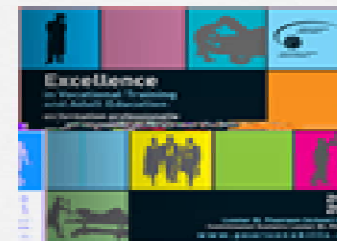


# Vocational Programs

## o Pre-Requisites:

- o Grade 9 OR
- o 10 **French, English, Math**
- o OR **HS Diploma**
- o For Students with a Specific *Passion*

- o Certified Professional in **10-24 months**
- o Excellent job prospects
- o “Hands-On” Classes
- o Internships & Job-Placement





# CAREER EXPLORATION TOOLS

## MANY Strategies:

Volunteering

Networking

Career & Personality Tests

Open Houses

Work experience

Meeting with me

***CAREER EXPLORATION IS A PROCESS***

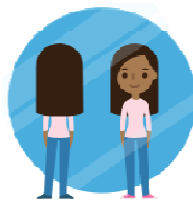
[Student Experience](#)[Educator Experience](#)[Success & Support](#)[Sign In](#)

# xello

Xello is an online program that helps anyone, anywhere in the world create a successful future through self-knowledge, exploration, and planning.

[Contact Us](#)

## OUR MODEL



### Build Self-knowledge

Students define their interests, skills, preferences and aspirations so they can explore the opportunities right for them.



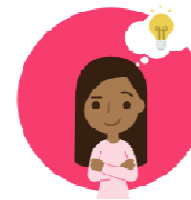
### Explore Options

Students learn about career possibilities and educational pathways by exploring rich engaging content and lessons.



### Create a Plan

Students create dynamic actionable plans that outline the steps needed to achieve school, career and life goals.



### Learn & Reassess

As students gain experience, knowledge, and skills, they can reassess and change their plans for the future.

Xello is an online career exploration tool for students at ALL grade levels.

**Users have access to the following:**

- Career Tests
- Personality Tests
- Career Oriented Lessons
- Database for CEGEP, Vocational, and University Programs
- Job Prospects
- Information on Salary and the Job Market
- Videos Interviews of various Professionals
- *And much much more!*

**USERNAME & PASSWORD INFO**

-Parents/Guardians: Fill out **Consent Form** via their Fusion Parent Portal Account Under “Permission forms tab”



### Student Services Announcements

When an announcement is published by the Student Services, you will be able to view it here.

[View all announcements](#)

xello

Xello



SSD Pictures



Hospital Programs



Calendar



Announcements



Assistive Technology



Catch The "BRAIN" Wave



Center of Excellence - Mental Health



Crisis Response



Dropout Prevention



FSSTT



Health & Social Services



Prevention & Intervention



Home Bound Support



Horizon



# HEY ANDREA!

## ABOUT ME



Matchmaker

15/39 Resume



Personality Style



Mission Complete



Learning Style

✓ Completed

## EXPLORE OPTIONS



Careers



Schools



Programs



Saved Options 8

## GOALS & PLANS



My Plans

This will open the menu where the student can change language, reset matchmaker & lessons etc.

## LESSONS TO COMPLETE 6 Lessons Left

[All Lessons](#)Choosing a College  
or University

Career Demand



Defining Success



Job Interviews

Entrepreneurial  
SkillsCareer Backup  
Plans

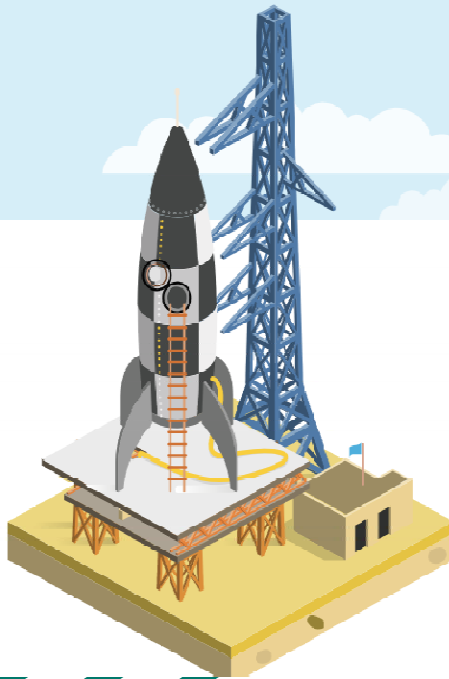
MATCHMAKER

Done

Done

# DISCOVER CAREERS

that suit your interests



## What is Matchmaker?



Matchmaker asks about your likes and dislikes and then suggests careers based on your interests. There are three phases in the quiz. Your matches will be updated as you complete each phase. Ready to see what's on your horizon?

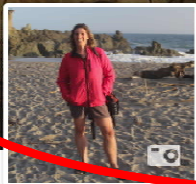
Launch Matchmaker!

xello

About Me

Explore Options

Goals & Plans



ANDREA FRASER



QC



Macdonald High School



Grade 11

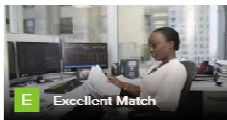
Share your Profile

## CAREER MATCHES

View all



### Money Manager

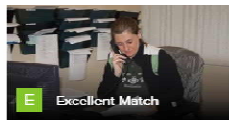


Excellent Match

\$50,000 - \$500,000



### Logistics Specialist

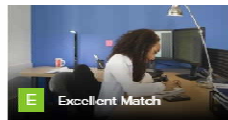


Excellent Match

\$40,000 - \$100,000

Hide

### Research Analyst (Financial)

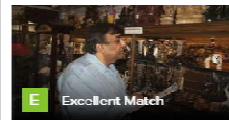


Excellent Match

\$40,000 - \$100,000

Hide

### Purchaser



Excellent Match

\$35,000 - \$100,000

Hide

### Management Consultant



Excellent Match

\$45,000 - \$300,000

Hide



## PERSONALITY STYLE

What careers suit your personality?



## LEARNING STYLE



## AFTER HIGH SCHOOL...

My goal: More School or Training



Edit Goal

## EXPLORE OPTIONS

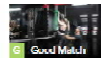


### CAREERS

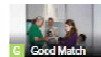
500 +



Gerontologist  
\$25,000 - \$94,000



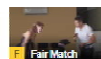
Personal Trainer  
\$23,000 - \$100,000



Casting Director  
\$25,000 - \$100,000



Humanitarian Aid Worker  
\$23,000 - \$100,000



Animal Trainer  
\$23,000 - \$60,000

Explore Careers



### SCHOOLS

300 +



Algonquin College  
Ottawa, Ontario



Holland College  
Charlottetown, Prince Edward Island



Red River College  
Winnipeg, Manitoba



McGill University  
Montreal, Quebec



College of the North Atl...  
St. John's, Newfoundland and Labrador

Explore Schools



### PROGRAMS

20,000 +



Business



Health &amp; Medicine



Skilled Trades



Biology, Agriculture &amp; Environment



Physical Sciences &amp; Engineering



Mathematics &amp; Computers



Law &amp; Protection



Information &amp; Communications



Education &amp; Social Services



Creative Arts &amp; Design



Service Industry



Liberal Arts &amp; Social Sciences

Explore Programs



Try it out!

Never too early to do Career Exploration

Start Now=Less work and Stress later!

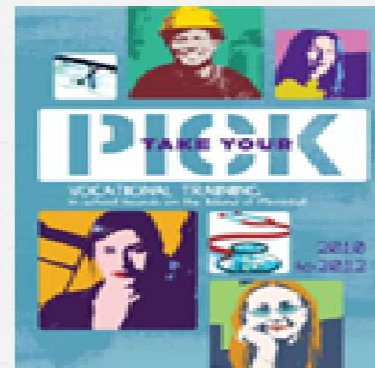
Xello saves your info & Progress!

Can re-take career test each year

***DOING IS BELIEVING TOUR!!!***

# Other Career Exploration Websites

- o [www.livecareer.com](http://www.livecareer.com)
- o [www.canlearn.ca](http://www.canlearn.ca)
- o [www.headingforsuccess.com](http://www.headingforsuccess.com)
- o "Take Your Pick" Magazine
- o LBPSB Main Vocational Site:  
<http://lbpce.ca/>



- o **PYGMA.ca**
- o <https://www.jobbank.gc.ca/quizhome>
- o <https://www.16personalities.com/>
- o **CEGEP Websites**
- o **Vocational Websites**
- o **Guidance Office/Website: Pamphlets!!!**
- o *\*Handouts\**

Questions?

